LUNGOLIVIGNO

Alta Rezia Up & Hown

4 DAYS OF PURE MTB BETWEEN ITALY AND SWITZERLAND







Where we are

IN THE HEART OF ALTA REZIA

Alta Rezia is a vast region in the heart of the Rhaetian Alps, on the border between Italy and Switzerland. It includes the areas of Alta Valtellina, Val Poschiavo, and Engadin.

This is a mountain biking paradise.

Three valleys. One spirit. The spirit of the mountains. Are you ready for a truly unforgettable experience?







Upellown MTB Experience

4-NIGHT TOUR

Stay at the Hotels of Lungolivigno Group: >> Montivas Lodge | Livigno >> Curt di Clement | Tirano >> Bresidence Edelweiss | Valdidentro

SELF-GUIDED ITINERARY

You manage the times and routes. At each stage, you can book additional overnight stays.

IMMERSIVE EXPERIENCE

Discover alpine pastures, mountain passes, parks, lush vineyards, and magnificent alpine lakes.





YOU RIDE. WE TAKE CARE OF THE REST. 1>> LUGGAGE TRANSFER INCLUDED 1 luggage per person (maximum 15 kg)

3 >> OVERNIGHT STAY WITH BREAKFAST at the Hotels of Lungolivigno group. We have partnerships with several restaurants near the hotels for your dinner!

4 >> GPX TRACKS and tour maps provided at the start

5 >> BERNINA EXPRESS (UNESCO) opportunity to travel with your MTB on the Tirano - St. Moritz route (for an additional fee). Take advantage of the Graubünden Pass!



2 >> BIKE ROOM AT THE HOTELS

for bike and equipment storage, with bike wash and small workshop







TIRANO - LIVIGNO

- 30 km (500m+1155m-)
- Travel by Bernina Express Train to the Bernina Pass
 Trail Val Minor -- Passo Forcola -- Valle delle Mine -- Livigno

LIVIGNO - VALDIDENTRO

- 47 Km (1200m+ 1700m-)
- Trail Tort -- Passo Trela -- Val Vezzola -- Arnoga -- Cardonè Chalets -- Valdidentro

VALDIDENTRO - TIRANO

- 66 Km (1500m+ 2400m-)
- Trail Decouville -- Arnoga -- Val Viola -- Camp Poschiavo -- Tirano

You decide where to start!

The starting point determines the first and last day of the Tour.



Tailored for you

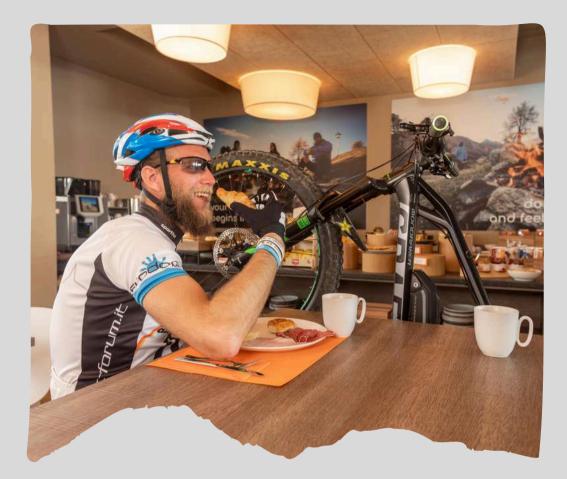
FLEXIBILITY AND COMFORT AT YOUR FINGERTIPS

>> Option to shorten the tour (3 days, return from Valdidentro) >> Bus connections with MTB transport in case of bad weather >> Extra night available to book at each stage



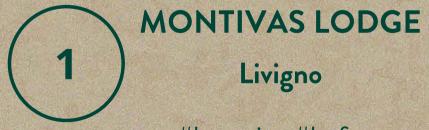








Partner Hotels



#beactive #befree in the MTB paradise at 1816 meters CURT DI CLEMENT

2

Discover the first Eco Mobility Hotel in Italy



BRESIDENCE EDELWEISS

3

Valdidentro

Active Alps Adventures in the Stelvio National Park



LUNGOLIVIGNO

Alta Rezia Up & Down

MORE THAN A TOUR. A STORY TO LIVE.

REQUEST NOW

booking@lungolivigno.com +39 0342 990 100

